The Get "AMAZING" at What You're Already Good at Exercise

In this exercise you will take a few minutes and write down what it is you are good at and that you do well. Then next to each entry write down how you can improve those skills and enhance those abilities to become great at them. As you do this exercise, don't even think about your weaknesses. You're soon going to realize that if you spend all your focus, energy, time and effort on the tings you're good at, you can overcome all the other things at which you're not so talented.

WHAT ARE YOU GOOD AT?	HOW CAN YOU IMPROVE THOSE SKILLS?