



This exercise is designed to provide you with total clarity on why you are choosing to resign from your current career. This is a meaningful way for you to clear the air on your current career and describe what you will take with you into your next career. This is NOT a letter you will send to anyone; it is simply designed to help you anchor in what you desire to attract.

Some suggestions for what to include in your resignation letter...

Why are you leaving?

What did you enjoy and learn from your time there?

What fell short of your expectations?

What are some of the lessons you learned?

How do you intend to use these lessons in the future?

Who do you desire to become in the future?

What experience have you gained?

How will you use these experiences to enhance your professional life?
